

# NOTTINGHAM COMMUNITY NEWSLETTER

Volume 11, Issue 3

May/June 2009

## **Friends of the Library Book Sale**

*Submitted by Rhoda Capron*

The Friends of the Library are sponsoring a book sale Saturday, May 9, from 9 a.m. to 1 p.m. There will be a special preview sale for Nottingham residents only on Friday, May 8, from 5:30 – 7 p.m. We will be accepting books for the sale from May 1 on. Please do not bring old textbooks or damaged books. If you have any questions, call the library at 679-8484.

## **Pawtuckaway Piecers Quilt Guild**

*Submitted by Pat Vachon*

The Pawtuckaway Piecers meet the second Monday of every month at 7 p.m. at the Blaisdell Library. We are also meeting once a month on a Saturday morning or Sunday afternoon for an open sew where members can bring in a project they are working on.

New members are always welcome. Our next meeting is Monday, May 11, 2009. If you are interested in the guild and have any questions, please call the Blaisdell Library at 679-8484 and ask for Pat.

## **The Cinderella Project of New Hampshire**

*Submitted by Mary Crockett*

Prom season is coming soon. Help teenage girls feel special by donating your gently worn special occasion dresses to the Cinderella Project of New Hampshire. The Cinderella Project provides prom gowns and accessories free of charge to girls who have financial need and would otherwise be prevented from attending their prom or other special school events.

If you have a dress to donate contact Mary Crockett at 942-7540. Confidential referrals of girls who would benefit from this program can be made by phone to 210-1415. More information is available at the following website: [www.thecinderellaprojectofnh.org](http://www.thecinderellaprojectofnh.org).

## **Fire Department News**

*Submitted by Jaye J. Vilchock, Chief*

*Heidi Carlson, Deputy Chief*

The members of Nottingham Fire – Rescue Department would like to thank everyone for the tremendous support shown at the 14 March 2009 Town Meeting.

The ballot results approving the purchase of a replacement Fire Engine is deeply appreciated.

We extend a sincere thank you and look forward to continuing faithful service to you in the future.

## **Other News from the Fire Rescue Department**

As the outdoor barbeque season approaches, use care when firing up your gas grill. Be sure that grills are operated away from your home, and never chain a grill to a deck or any other structure attached to your home. Keep propane tanks out of the direct sun in hot months to avoid expansion and relief valve activation.

The time of year has arrived that written permits are again required for all outdoor burning. When conditions prohibit outdoor fires, the sign will be placed out at the station. Seasonal permit holders are required to call the station by 5 p.m. on days when they are planning to burn. Permits are issued during business hours Monday and Saturday from 10 a.m. to 2 p.m.; Tuesday through Friday from 6 a.m. to 6 p.m.; and Sunday and holidays from 4 to 5 p.m. Be sure that you have a permit prior to kindling any outdoor fire.

The Department will hold the next blood drive on Monday May 4, 2009, from 2 to 7 p.m. at the Nottingham Community Center. The Nottingham Emergency Services have challenged Nottingham School Staff to see who can get out the highest number (percentage) of blood donors. Join us in giving the Gift of Life!

Call 911 in any emergency. Call the Fire Station during business hours for other assistance or questions at 679-5666.

## Nottingham Conservation Commission News

*Submitted by Sue Mooney*

Several commission members attended the Bear-Paw Regional Greenways Annual Meeting that was held at Coe-Brown School in Northwood in February. The annual meetings always feature a natural history presentation by an expert in a particular field. Dr. John Litvatis, a professor at UNH, spoke about Roads and Impacts on Landscape and Wildlife (and Resolutions).

Although roads occupy, on average, 1% of an area's footprint, the road effect zone extends to 20% when watershed and noise are factored in. Of particular interest were his studies of Blandings turtles, a protected specie in New Hampshire. This specie of turtle does not reach sexual maturity until age 15, but can live as long as 77 years. His studies showed that if the chance of one turtle crossing the road increases to a 7% chance of not surviving the road crossing, the Blandings population would become extinct. One of the habitats investigated was the marsh along Gile Road. At that time there were approximately 500 vehicles passing by per day and it was calculated that each turtle-crossing event had a 6% chance of mortality.

At the present time, Litvatis estimates that due to the increase in the number of residents on Gile Road, 1,500 cars now pass the marsh daily, and the chance of mortality has increased to 16% per turtle crossing. Resolutions were not practical for this population, which included overpasses, underpasses, cutting back vegetation along roads to make crossings less attractive and active signage. At best, we all need to remember that we share our landscape with wildlife: when we obey local speed limits and are vigilant and protective of the wildlife that cross the roads, sensitive wild animal populations will be preserved.

Vernal (spring time) pools are transient small habitats in which amphibians such as wood frogs and spotted salamanders lay their eggs. They do not reproduce in perennial (year round) ponds where fish and other predators would eat the eggs. You might have one of these special habitats on your property to watch and enjoy. Do not fill these depressions with grass clippings, leaves and other debris and do not fertilize or use pesticides near them either.

Members of the Conservation Commission (NCC) have been busy participating in a number of initiatives and projects. One member is co-chairman of the HCPP Committee for the Level 1 Grant Nottingham was awarded from OEP. Another member along with representation from municipal groups and regional assistance is pursuing a federal stimulus grant that would

restore river floodplain areas along the North River. A third member is designing a brochure of local conservation, town and state properties and areas of natural and resource importance. A fourth member is on the Planning Board and is coordinating a Conservation Subdivision Ordinance and supporting documents project between the two groups. A Conservation Subdivision approach would give developers and landowners an alternative design that would minimize the residential footprint and maximize open space.

The NCC meets every second Monday of the month at 7 p.m. in the Town Office/Community Center. The Natural Resources Committee meets every third Tuesday if there is work to be done. The public is welcome at all meetings. Potential alternate members are welcome to apply.

## Women's Club Scholarship Applications Available

*Submitted by Bev Caldon*

Nottingham students who are graduating this June, as well as those currently enrolled in college, are welcome to apply for the Nottingham Women's Club annual scholarship. Applications are available online at [www.nhcf.org](http://www.nhcf.org) (New Hampshire Charitable Foundation) or from the guidance departments at Coe-Brown and Dover High Schools. For information about applications, please read the poster that is on display in several locations around town: at the library, Town hall, two Post Offices, Liar's Store, and Demmons' Store. The deadline to apply is May 16. The scholarship committee will announce the winner in June, and invite the winner and his/her family to the meeting on June 15 at 6:30 p.m. at the Congregational Church on Rte. 156.

The Club's May meeting on Monday the 18th is an eat-out event, with location to be decided. The most serious business of the day will be the business of gorging on excellent food. President Terry Delp welcomes inquiries from prospective members.



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## Recreation Department News

Submitted by Janet Horvath, 679-3435, ext. 7  
*recreation@nottingham-nh.gov*  
 Recreation office hours: M-Th, 10 a.m. – 1 p.m.

The Annual Fishing Derby will be held on Saturday, May 9, 8 a.m. - 12 noon at the Community Center. Kids 15 and under are required to pre-register. Forms are available at the office.

We are planning a night at the Fisher Cats on Sunday, June 28, at 6:35 p.m. Tickets are only \$5 with a fireworks show closing out the night. Reservation forms are available at the recreation office. Transportation to Manchester is not included.

Challenger Soccer camp will be held in Nottingham July 13-17. Sign-up online now for this intensive soccer experience at [www.challengersports.com](http://www.challengersports.com).

Interested in pickup Adult Softball? We have had several inquiries and plan to start on Sunday afternoons in May. Let us know if you want to play. We need your email address to keep you informed.

Nottingham Day will be Saturday, September 19! The next Nottingham Day Committee meeting will be Monday, May 4, at 7 p.m. at the Community Center. Please come and be a part of making the 2009 event better than last year's. We need volunteers to park cars and run the games. Please call to volunteer for a shift to make sure this event runs as smoothly as possible.

Toddler Gym is offered at the Community Center on Thursday mornings at 10 for children up to age 3-1/2. Children run, play, and socialize. We end with everyone's favorite, parachute time! Thursday afternoons at 1 there is a session for children up to age 6. During this session the children participate in a group game and we end with parachute. Admission is just a \$2 donation.

The Martial Arts program is growing! There are three classes: ages 3-6, ages 6-12 and ages 12 - adult. Sign up anytime with the trial offer of four classes and a uniform for 29.95!

Do you want to know about upcoming events and deadlines for the Recreation Department programs? If you would like to receive the Recreation e-mail newsletter please contact us at [recreation2@nottingham-nh.gov](mailto:recreation2@nottingham-nh.gov). The e-mail list will be used for our purposes only, and will not be sold or distributed to anyone.

Discounted tickets to Water Country are available at the Recreation Office on a first come, first served basis. They are \$25, are non-refundable but they never expire. If you plan to go to Water Country, this is a great deal. The general admission will be \$35.99 at the gate this year so buy your tickets in Nottingham before you go!

## So.....Let's Perambulate

Submitted by the Nottingham Historical Society

Webster defines "perambulation" as "to walk through, about or over" or "to traverse and examine or inspect". Further, a perambulator was "one who perambulates", or, "a device for measuring distances", or (particularly in England) "a baby carriage, usually small and pushed by hand from behind". But we digress.

We also find in our "Town Officer" volume of 1868 under Chapter VI, 'Town Lines', that 'the lines between the towns in this state shall be perambulated, and the marks and bounds renewed, once every seven years forever, by the selectmen of such towns, or by such persons as they shall in writing appoint for that purpose.

Further, "a return of such perambulation shall be made, particularly describing the courses and distances and the marks and monuments of such line, which shall be signed by the selectmen or persons making the same and recorded in the respective town books". An added note reads, "the selectmen have no authority to alter the line, but they are to renew the marks".

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## Bear-Paw Field Trips, Workshops, and events Planned for Spring-Summer 2009

Bear-Paw Regional Greenways is hosting the following events for the spring and summer. All programs are free and open to the public. Please pre-register at [info@bear-paw.org](mailto:info@bear-paw.org), [www.bear-paw.org](http://www.bear-paw.org), or 603-463-9400 unless noted otherwise.

### Conservation Options Workshop

*April 27, 7 - 9 p.m., Epsom Public Library, Epsom*  
Bear-Paw, the Epsom Conservation Commission, and the UNH Cooperative Extension are offering a land conservation workshop to landowners and their families. This will be an opportunity to get expert advice from Phil Auger and Jed Callen, an attorney who specializes in land conservation and estate planning issues. Pre-register with Deb at 603-679-5616 or 800-248-6672.

### Spring Migration Bird Walk

*May 2, 7 a.m. - 9 a.m., Isinglass River Reserve, Strafford*  
Bear-Paw and the Strafford Conservation Commission are hosting a beginner's bird walk on a newly acquired town forest property. Davis Finch and Scott Young have volunteered to lead the early morning walk to identify birds by both sight and song at the beginning of the spring migration.

### Shiitake Mushroom Culture Workshop

*May 9, 12 noon - 2 p.m., Coffeetown Road, Deerfield*  
Bear-Paw member Tom Cumings will demonstrate the care and culture of growing mushrooms. Workshop participants will also be able to inoculate logs with the shiitake mushroom spore to take home and grow on their own. Please pre-register so Tom can prepare materials.

### Biothon!

*June 6, 7 a.m. - 2 p.m., Freese Town Forest, Deerfield*  
Bear-Paw invites its members and friends to participate in its fifth annual Biothon – a species identification treasure hunt to discover and promote the biodiversity of the lands Bear-Paw works to protect. Two to three teams of skilled naturalists will compete to identify as many plant and animal species as possible on the Freese Town Forest in Deerfield – recently purchased by the Town and protected by a Bear-Paw easement.

The 175-acre Freese Town Forest will be the site of this year's Biothon. The property is open to the public and includes a wide variety of wildlife habitat.

We are asking our friends to pledge any amount to the Biothon to support Bear-Paw's land conservation program. A pledge form will be available on our website. All of the contributors to the Biothon are invited on a tour of the Freese Town Forest at 9:30 a.m. on the day of the event. Please pre-register (and pledge) for directions!

Bruce Lindwall, a faculty member with the Audubon Expedition Institute and Deerfield resident, has volunteered to lead a small plant identification field trip the same morning that will be available on a first-pledge, first-served basis!

## Pawtuckaway Lake Association Annual Meeting

*Submitted by Tom Duffy*


9:00 AM Saturday, June 6<sup>th</sup>

Nottingham School

[www.pawtuckawaylake.com](http://www.pawtuckawaylake.com)

Please join us for Annual Meeting of the PLIA on Saturday, June 6, at 9 a.m. at the Nottingham School. Many improvement programs are underway on the lake! Topics of discussion for this year's meeting include a presentation of road /drainage improvements on Barderry Lane and Tuckaway Shore performed with the \$30,000 DES grant money; results of 2008 Water Testing; opportunities for employment in Lake Host Boat Inspection Program; Weed Watchers 2009; loon preservation; Pawtuckaway Kids; and fun programs including sail boat races, fisheries, and the Fourth of July boat parade.

Plus, there will be food, raffles, and other information and goodies! Everyone is welcome! Questions? Call Tom Duffy at 603 303 3039 or email [Tduffy9@comcast.net](mailto:Tduffy9@comcast.net).

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## Nottingham Citizen wins Award

Submitted by Laurie Legard

Longtime Rochester Middle School Guidance Counselor Suzette Wilson, who lives in Nottingham, was astonished, recently, when she was named the state's Middle School Guidance Counselor of the Year, in front of a cheering school assembly, which included colleagues Supt. Mike Hopkins, Principal Valerie McKenney, and members of her own family. Presenting her with the honor, which came with flowers, were two members of the New Hampshire School Counselors Association, Holly Beaton and Susan Buck.

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## Nottingham School Kindergarten (and New First Grade Students) Registration

Submitted by Nottingham School

If your child will be five years old by September 30, 2009, they are eligible to attend Nottingham School Kindergarten. Call the school office at 679-5632.

Nottingham children turning six years old by September 30 are required by law to enter school in September 2009 for first grade enrollment. If your child will be attending Nottingham kindergarten or first grade (new students only) next school year, call the school office at 679- 5632. We'll send a registration packet for entry to kindergarten and first grade for the 2009 – 2010 school year.

A Kindergarten Registration Informational Parent Night will be held on Thursday, May 7, 2009, at 6 p.m. in the school cafeteria.

## NorRoc Football

We are having sign ups on May 9 and May 16 from 10 a.m. to 12 noon at our field on Route 107 in Raymond. For directions and more info go to NorRockVikings.com or call Laurie at 603-244-2437. Ages are from first grade to eighth. Season starts in August and we are filling teams fast so sign up now.



## Nottingham Community Newsletter

Carrie Bounds • Rhoda Capron • Irma Hale  
Margaret Joyce • Lynda Kells • Kay Kyle  
Laurie Legard • Amy Mueller-Campbell • Pat Vachon

The Nottingham Community Newsletter is a community service and is published bimonthly and mailed to every Nottingham resident.

Deadline for the July/August newsletter is June 5, 2009. E-mail news to: blaisdellml@comcast.net. Be sure to include a name and contact number. Advertising size is 3.5-inches by 2-inches. Ads are \$20 for Nottingham residents and \$35 for non residents. E-mail ads to Carrie Bounds at carriegillis@comcast.net.

The newsletter is underwritten in part by North River Printing of Nottingham.

*The publication of this newsletter is a public service for informational purposes. The Board of Selectmen is not responsible for, nor do they endorse any articles or opinions stated in this publication.*

~Submitted by the Board of Selectmen

**Nottingham Community Church Unitarian Universalist**

*Submitted by Jill Sunde*

Reverend Ben Fowler has returned from his spiritual journey to India and has resumed his Sunday worship services at 10 a.m. During his absence we welcomed several guests worship leaders from Interfaith, Jewish Federation and Buddhist faiths. We also welcomed several new visitors. We have resumed Sunday services for children as well. They are part of the joint worship and then go off for religious education on Unitarian Universalist values and principals.

We are excited to welcome back Russill Paul for “A Weekend of Sound Spirituality” from May 15 - 17, 2009.

Friday Evening, 7:30 p.m: Kirtan/Concert, Interactive Music and Chant. We will chant together, reflect on sacred texts and enjoy listening to live spiritual music to awaken the heart and mind.

Saturday, 9 a.m. – 9 p.m.: “The Yoga of Sound: Understanding the Role of Sound in Stress and exploring its applications toward better Health”. We will engage in mystical practices involving sacred movement and breath prayers infused with chant and inspirational readings. We will also meditate together and allow ourselves to journey deep within this hidden space of the mystic heart to encounter our divine essence, seeking it wholeheartedly in its true form and spirit. This will be balanced with lecture and discussion sessions.

Sunday morning, 10 - 11 a.m.: Jesus in the Lotus: Opening the Mystical Doorway between Christianity and Yogic Spirituality – Russill will speak on his new book, “Jesus in the Lotus” and will discuss the confluence between Christianity and Yogic spirituality as well as creating peace in a conflicted world.

Concluding on Sunday afternoon, 1 - 3:30 p.m.: “InterSpirituality: The Movement Towards Greater Harmony in a Conflicted World”. Russill will continue with the theme of interspirituality based on key themes

in his book “Jesus in the Lotus” and will expand his notion of creating a peaceful world using his deep understanding of spiritual methods.

Contact Rev Ben Fowler for reservations and questions at 207-351 1985 or [bpfowler@unh.edu](mailto:bpfowler@unh.edu). Costs for the Friday concert are \$15 in advance and \$20 at the door. Saturday’s workshop is \$175. Sunday’s workshop is \$50 or all three programs for \$200.

Watch for more information about our Community Garage Sale in June.

Nottingham Community Church Unitarian Universalist also offers Chanting and Meditation. The schedule is for Thursdays, May, 14 and 28 and June, 11 and 25.



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## United Campus Ministry Presents a Benefit Concert Featuring Local Folk Musicians

Submitted by Stephanie Beck

The United Campus Ministry (UCM) to the University of New Hampshire (UNH) invites you to an evening of local music featuring "Sunday Afternoon" and UCM's own Chuck Goeller on Thursday, April 30, at the Community Church of Durham, located at 17 Main Street. The doors open at 6 p.m. for dessert, coffee and socializing. Silent auction items to benefit UCM will be open for bidding throughout the evening. The musical performances begin at 7 p.m. and will end at approximately 9 p.m. Tickets are \$10 each and are available at the door.

"Sunday Afternoon" is a folk and old time music band whose music features guitar, fiddles, banjo and accordion music played for your enjoyment by Tom Franke, Karen Smith, Malcolm Smith, Ryan Thomson and Brennish Thomson. Chuck Goeller is UCM's administrative director and is a singer, musician and songwriter with diverse musical tastes focusing on traditional and roots country and bluegrass, including a song or two by Johnny Cash.

Please join us for a fun evening of good music, delicious desserts and exciting silent auction items including vacation time at a cabin on Lake Sebago and a week's stay at a home in Arizona. We look forward to seeing you on April 30. For more information about United Campus Ministry visit [www.unh.edu/campusministry](http://www.unh.edu/campusministry).



## Coe-Brown earns top scores in regional tests

Submitted by Margaret Joyce

Coe-Brown Northwood Academy (CBNA) students were among the top scorers in New Hampshire in the New England Common Assessment Program (NECAP). Of the 78 high schools in New Hampshire (not including charter or private schools), Coe Brown ranked fourth in writing (two-way tie with Lebanon), second in math (three-way tie with Hollis-Brookline and Portsmouth) and first in the state in reading.

"Our outstanding test results reflect highly not only on our students, but on the incredibly talented and dedicated faculty members who teach here at Coe-Brown," says CBNA Headmaster David S. Smith. "I am extremely proud of our students and of the Academy as a whole."

In reading, 34% of CBNA students tested achieved level 4 (proficient with distinction) and 59% achieved level 3 (proficient). In math, 2% scored at level 4 and 50% scored at level 3. In writing, 5% of CBNA student achieved level 4 and 52% achieved level 3. Each test contains a mix of multiple choice and constructed-response questions, which require students to develop their own responses to questions.

The New England Common Assessment Program is the result of collaboration among New Hampshire, Rhode Island and Vermont to build a set of assessments for grades 3 through 8 and 11 to meet the requirements of the No Child Left Behind Act (NCLB).

NECAP is administered in October in grades 3-8 and 11 in Mathematics and Reading. Writing is assessed in grades 5, 8, and 11 at the same time. Test results are often used by school districts and individual schools to help improve curriculum and instruction.

For more information about Coe-Brown Northwood Academy visit [www.coebrownacademy.com](http://www.coebrownacademy.com).

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