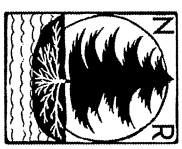


Nottingham TO 10; Trail Tracker

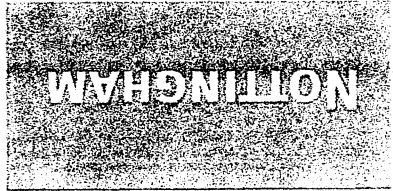


When you have completed all 10 hikes, bring your sheet to the Rec Office to get a patch!



Trail	Date	Rating	Notes
1. Mulligan Forest		☆☆☆☆☆	
2. Terninko Easement		☆☆☆☆☆	
3. Nottingham Town Office River Walk		☆☆☆☆☆	
4. North River Preserve		☆☆☆☆☆	
5. Marsh Woods		☆☆☆☆☆	
6. Howard Swain Mem. Forest		☆☆☆☆☆	
7. Marston Farm Recreation Area		☆☆☆☆☆	
8. Kennard Forest		☆☆☆☆☆	
9. Oak Trail (Pawtuckaway)		☆☆☆☆☆	
10. Fire Tower Trails (Pawtuckaway)		☆☆☆☆☆	

2,028
2010



Welcome to the Mulligan Forest

Mulligan Forest, owned by the Fernald family, is open to the public for pedestrian recreational activities, under the terms of a conservation easement held by the Society for the Protection of New Hampshire Forests and the Town of Nottingham. In partnership with the Forest Society and Eversource, this parking facility has been constructed along the power line right-of-way as the public access to Mulligan Forest. This access point will be maintained for three-season walking access to points of interest within Mulligan Forest. It will not be plowed or maintained during the winter.

The following recreational uses are **PERMITTED** on Mulligan Forest:

- Hiking is welcome along the hiking trail networks shown on this map. The trail system will move over time depending on scheduled timber management activity within the Forest.
- Hunting consistent with all New Hampshire State Hunting Laws is allowed within the Forest.
- Dogs are allowed within the Forest. Leashes should be used whenever other users are likely to be encountered.
- Cross Country Skiing and Snowshoeing are allowed on the hiking trail system depending on scheduled timber management activity within the Forest. The parking area will not be plowed or maintained during the winter season.
- Educational Visits by school classes are encouraged on the Mulligan Forest. Teachers should check on access status before planning or scheduling a visit.
- Fishing is allowed; however there are no stocked fishing lakes, ponds or rivers within the Mulligan Forest

Activities that are **NOT ALLOWED** on the Mulligan Forest include:

- Overnight camping
- Campfires of any kind
- Use of motorized vehicles including ATVs, 4-wheel drive vehicles, snowmobiles, motorcycles and motor bikes
- Mountain Bikes
- Horses
- Collecting and removing plant life, minerals, historical and cultural artifacts, and wildlife not covered by NH State Hunting Laws.
- Dumping of any sort.

We hope you enjoy your visit to our Forest, and we look forward to your continued support.

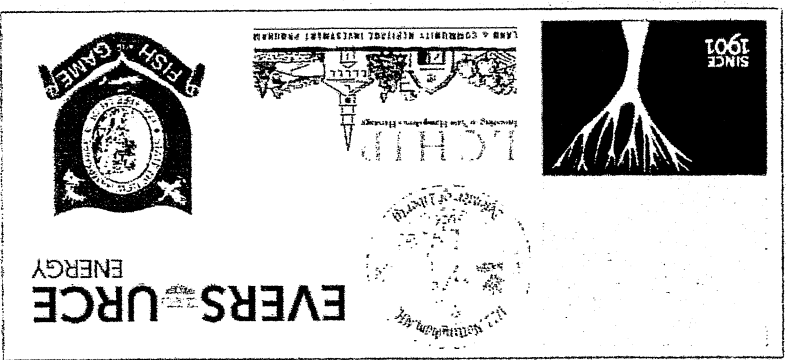
The Fernald Family: Jim Fernald, Deb Stevens, Rick Fernald

For more information about the Mulligan Forest, please contact Jim Fernald at 603-312-1037.

The Mulligan forest is one of more than 700 privately owned properties covering some 125,000 acres on which the Society for the Protection of New Hampshire Forests holds conservation easements. Conservation easements keep land permanently undeveloped, while allowing management for forestry, wildlife, agriculture, and recreation.

For more information about the Forest Society, please contact us at 54 Portsmouth Street, Concord, NH 03301; or call us at (603) 224-9945; or visit us on the web at www.forestociety.org.

Please remember that the Mulligan Forest is private property and a working forest. The Fernald family reserves the right to amend these recreational use policies under the terms of the conservation easement held by the Forest Society and the Town of Nottingham. The Fernald family is grateful to the townspeople of Nottingham, the Forest Society, the Landowner Incentive Program, and hundreds of private donors who made the conservation of Mulligan Forest possible. We hope you enjoy your visit to our forest, and thank you for your cooperation with these recreational policies.



Maggie Terninko Boulder Loop Trail



Description: This trail offers 1.2 miles of easy walking. From the trailhead, it first crosses through shrubland habitat, where you may see bluebirds, towhees, juncos, and sparrows, as well as red tailed hawks and barred owls. The remainder of the trail passes through mixed woodlands and older hemlock-dominated areas, where hermit thrushes can sometimes be heard. Vernal pools, used by salamanders and wood frogs, and intermittent streams are also present. During winter, you may see tracks of deer, turkey, coyote, bobcat, snowshoe hare, red fox, and weasels. A large erratic boulder, deposited by the melting glacier, is near the link trail across the middle of the loop. Look closely and you can spot marks left by the drills used by early stone cutters to split pieces from the rock. Along the trails you may also see woodland wildflowers, including Canada mayflower, wood anemone, bunchberry, trailing arbutus, dwarf ginseng, star flower, Indian cucumber root, and fringed polygala. Bring your sightings home through your photos but leave the plants and wildlife for others to enjoy.

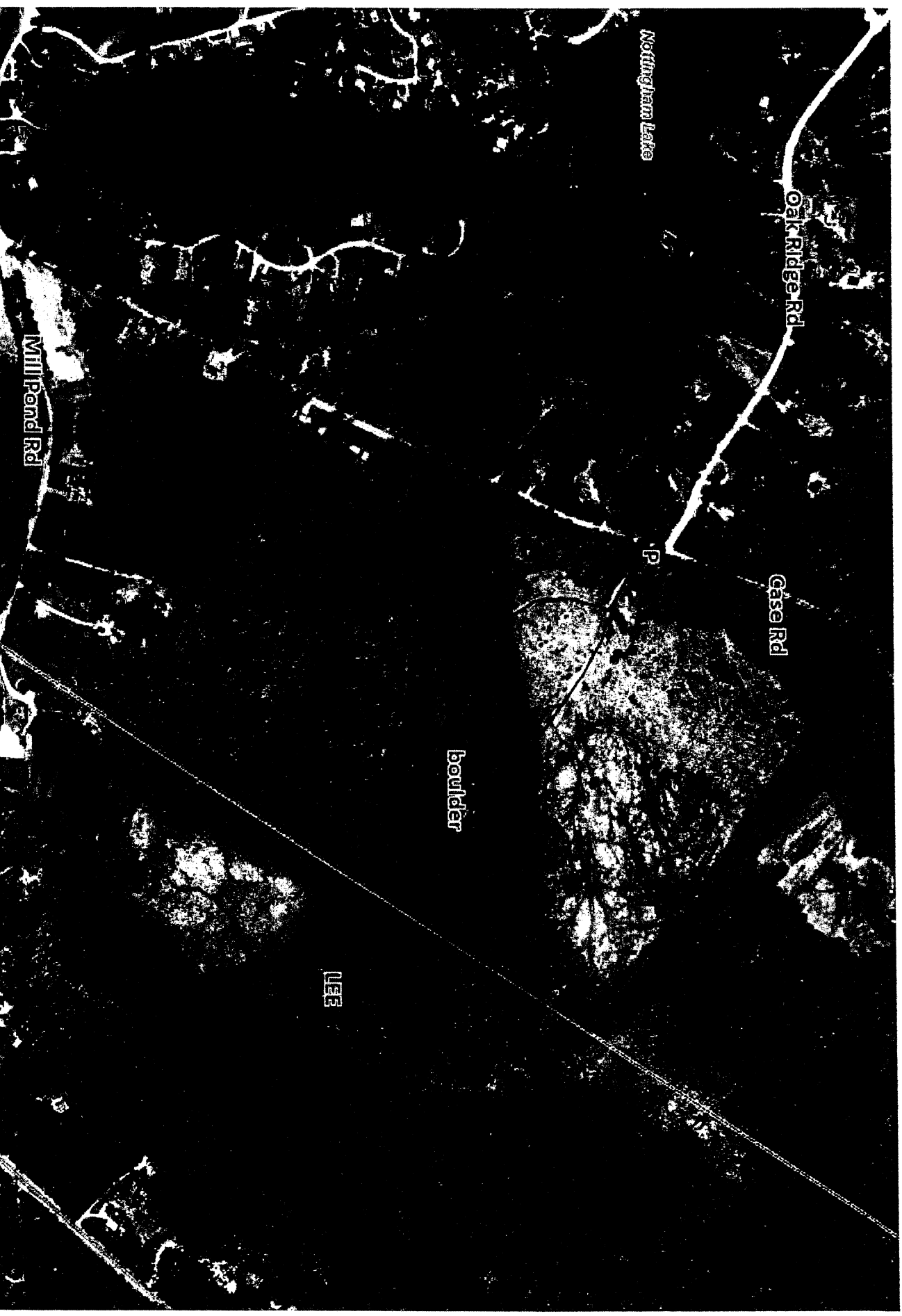
Conservation: John Terninko and his late wife, Maggie, purchased this 107-acre parcel in 1993 following an extensive timber harvest on portions of the land. Later that year they generously donated a conservation easement on it to the Town of Nottingham. The easement and trails are managed by the Conservation Commission. Funded by a Natural Resources Conservation Service grant, thirty acres were cleared on the north part of the parcel in 2013 and 2014 to create habitat for New England cottontail rabbits and shrubland songbirds.

Usage: The trail is available year-round for walking, snowshoeing, and cross-country skiing. Please follow the yellow blazes and stay on the trail. Do not enter areas beyond the No Trespassing or Trail Closed signs to respect the wishes of the abutters and protect sensitive habitat. Dogs are permitted on leash. Please clean up after your pet and carry out any waste or trash. Motorized vehicles, hunting, and camping are not permitted.

Directions: The trailhead is on the east side of Case Rd, about 0.6 mi north from the intersection with Mill Pond Road or 0.8 mi south of Mitchell Road. Park along the east side of Case Road near the farm gate just south of the junction with Oak Ridge Road.

Terninko Boulder Loop Trail: Case Road, Nottingham

2.



3.

Nottingham Town Office River Walk

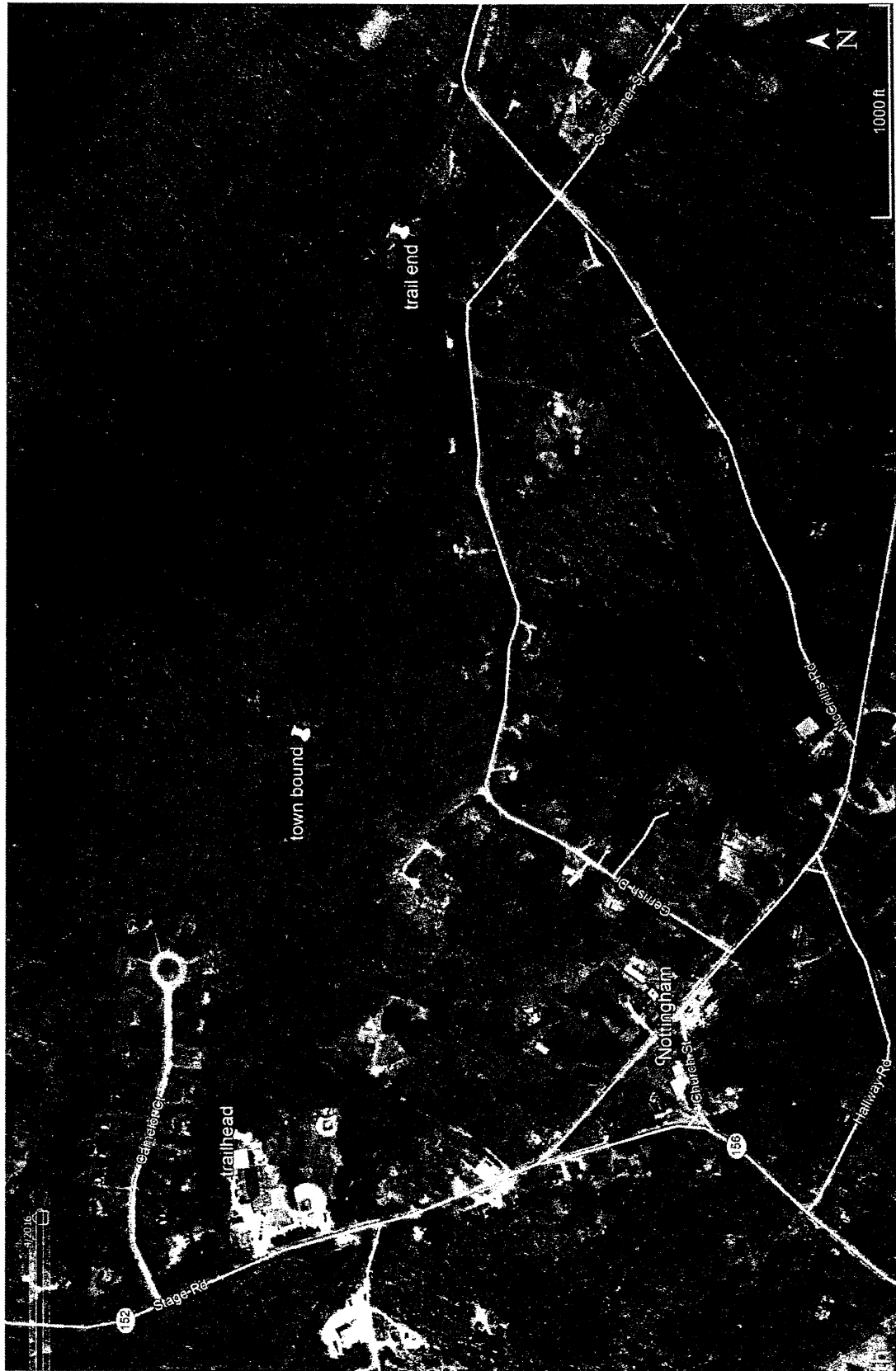
Parking is available at the Town Office parking lot on Rt 152, just north of the bridge over the North River. To reach the trailhead, walk east along the north side of the playing fields, passing the playground near the back of the building. Enter the woods beyond the playground and follow an old woods road to the east. The trail is approximately 0.8 miles, one way, and is available for foot traffic only.

The trail is on town-owned property for about half of its distance, then passes onto privately owned property. Please be respectful of these landowners and remain on the trail, leaving no trash or dog waste. Poison ivy is also present in many locations. A fitness trail (not shown) along the south and east sides of the playing fields connects to the walking trail near the trailhead.

The North River meanders just south of the trail, its course flanked by a red maple floodplain forest community, and passes over two stone culverts built by early settlers. A timber stand improvement harvest was conducted on one of the properties the trail passes through and is a good example of this type of logging operation. The trail ends not far from where the road intersects McCrillis Road, just east of the bridge. Turn back and retrace your steps to the Town Office.

3.

Town Office River Walk Trail



Bear-Paw Regional Greenways North River Preserve

Stage Road (NH Route 152) • Nottingham, NH

HISTORY AND USE

Bear-Paw acquired this 52-acre property in June 2010. Most of the road frontage was going to be subdivided into residential house lots when the property was protected by a conservation easement purchased by the Natural Resources Conservation Service Wetland Reserve Program and then conveyed to Bear-Paw. We plan to keep the property open to the public and maintain trails as part of the property's stewardship plan. If you would like to volunteer and help take care of this beautiful property, please let us know!

PROPERTY DESCRIPTION

The North River Preserve is made up of Appalachian oak-pine forest with hemlock-hardwood-pine, as well as flood plain forest along the North River corridor. The property includes over 3,000 feet of frontage on one or both sides of the river and a wide variety of wetlands associated with it - flood plain, swamp, marsh, peatland, oxbows, and vernal pools. Much of the property is on the north side of the river and is not easily accessible during high water. It is directly connected to the Mulligan Forest - a 2,000-acre conservation property owned by a local family.

CONSERVATION VALUES

- The property includes:
 - Wildlife habitat identified as conservation priorities in the *NH Wildlife Action Plan* (2010), *NH's Coastal Plan*, and the *Bear-Paw Conservation Plan*
 - Over 3,000 feet of frontage on the North River, serving as a "buffer" to the river - providing riparian habitat as well as protecting water quality

The property is open to the public for low-impact, non-commercial, outdoor activities such as hiking, wildlife observation, cross country skiing, hunting, and fishing.

TRAILS AND ACCESSIBILITY

The North River Trail leaves a recently created parking area and follows the river north ½ mile to a loop. It probably only takes ½ hour to walk but if you stop along the way, you can spend a lot of time enjoying the river and other features of the property. The trail was created partly with funding from the New Hampshire Recreational Trails Program and the parking area was improved through the Natural Resources Conservation Service Wetland Reserve Program. Much of the property is on north side of the river ("the other side") but can be accessed when the water level is low. Bear-Paw may consider creating additional trails as part of the property's stewardship plan.

PUBLIC ACCESS

Protected by an NRCs conservation easement - June 9, 2010, acquired - June 10, 2010

DATE PROTECTED

- recreational use by the public
- Outdoor educational and on Stage Road
- 2,800 feet of undeveloped frontage
- Productive forestland

- Wetlands and other riparian habitat
- Habitat for species of concern, including Banded Sunfish, Spotted Turtle, and Wood Turtle, all having been documented on or near the property

DIRECTIONS

From NH Route 4 in Northwood, take NH Route 152 east 5.6 miles to the North River Preserve (on your right, just before crossing the North River and Flunter Street). From NH Route 125, take NH Route 152 west 3.7 miles to the North River Preserve (on your left, just after crossing the North River and Flunter Street).

GPS COORDINATES

43° 7' 6.12" N, 71° 6' 10.50" W

LOCATION

The property is located on Stage Road (NH Route 152) in Nottingham, NH.



PARKING

The North River Preserve parking area was improved through the Natural Resources Conservation Service Wetland Reserve Program and has room for several cars. It is not maintained in the winter but there is parking at the Nottingham Town Offices across the street.



A land trust conserving ribbons of green in southeastern New Hampshire

WWW.BEAR-PAW.ORG



Marsh Woods Conservation Area



Description: This 93-acre property offers a wide variety of natural and historic features for your hike along its 1.2 miles of trails. The North River flows for 5400 feet from the Freeman Hall bridge at the north to broad marshlands in the south. The northern boulder-strewn channel includes the site of an historic mill, owned from 1833 until 1929 by the Marsh family, for whom the property is named. Although now forested, you will find stone walls that once bordered sheep pastures. Look for other tracks along the river in winter and listen for the song of the hermit thrush during spring and summer. Red-tailed hawks often nest in one of the big pines along the trail.

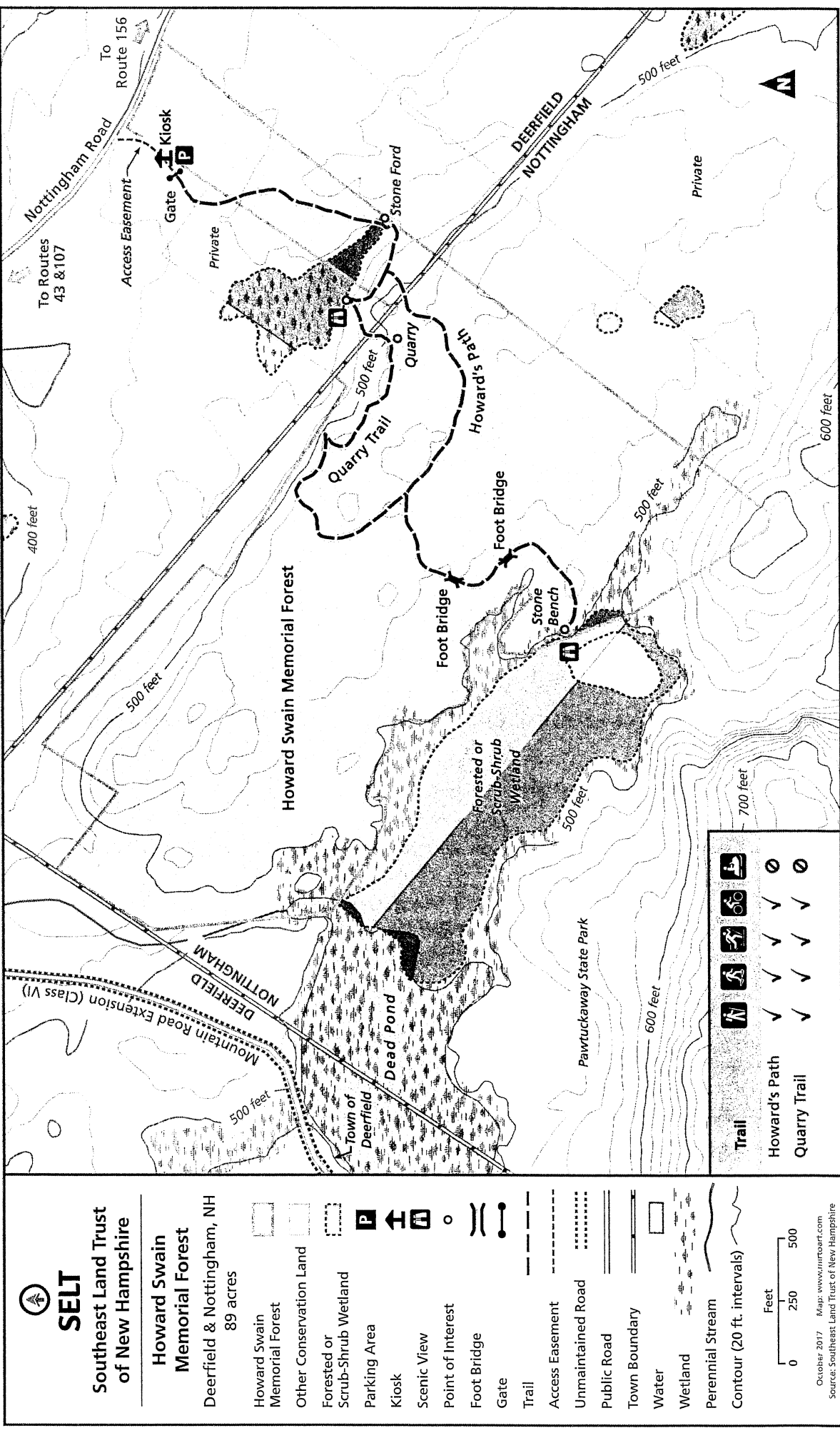
Downstream from the mill, the river passes through a floodplain forest and eventually spreads out into the meandering channels of a shrubland marsh active with beavers, turtles, and herons. On the west side of the marsh are abandoned sand pits on what was once a pine barrens landscape. Beaver trails cross between the river and ponds left by the gravel extraction, where kingfishers are frequent visitors. After passing along the edge of the old sand pit, the trail ends at a ledge overlooking the marsh to the east. Please stay on the trail to avoid damaging the fragile lichens colonizing the sand pit. The last 700 feet of the trail is closed during the month of June to protect ground-nesting wildlife. Please respect this short-term restriction and return to visit this part of the property during other months of the year.

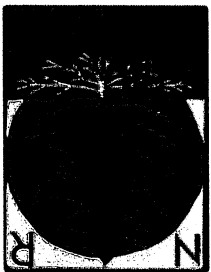
Conservation: Marsh Woods is protected by Wetlands Reserve Program conservation easements held by the Natural Resources Conservation Service, a division of the US Department of Agriculture. The North River, a tributary to the Wild and Scenic Lamprey River, is a state-designated river under the NH Rivers Management and Protection act. The NH Wildlife Action Plan classifies the Marsh Woods wetlands and their adjacent areas as Highest Ranked Wildlife Habitat in NH. The Town of Nottingham purchased these two abutting parcels to ensure public access to the property, using Conservation Fund revenue from the Land Use Change Tax.

Usage: The Marsh Woods trails are open to low-impact recreation, including walking, snowshoeing, and cross-country skiing. Hunting and fishing are also allowed. Visitors are advised to wear hunter orange during the Fall hunting seasons. Bikes and motorized vehicles are not permitted. Please keep dogs on leash; bag and carry out waste and trash.

Directions: The trailhead is on the east side of Freeman Hall Road between NH Rt 152 to the south and Gebig Road to the north. The entrance to the Nottingham Recycling Center is just south of the trailhead. Park along the west side of the road.

6.





Marston Farm Recreation Area Trails



Description: The 45-acre Marston Farm Recreation Area is situated within a broad arc of the Little River as it flows from the dam at Nottingham Lake. The river forms the west boundary of the property and meanders through a broad floodplain forest on its way to join the Lamprey River in Lee. Steep banks topped by mature oaks and pines follow the western boundary. A sandy knoll in the southwest corner supports pitch pine, low bush blueberries, and young hardwoods. Listen for the call of fish crows in this area and look for ducks and herons in the river or along the shoreline. Below the knoll, the dense young hardwood forest provides habitat for snowshoe hare and grouse, whose tracks are visible in the winter snows. The floodplain forest continues along the east side of the property close to the trail. Look overhead while in the fields or parking lot, and you may see a great blue heron, eagle, or osprey.

The property was owned by the Marston family from the early 1800s until 1903 and was acquired by the town in 2009. The property is being developed for recreational uses for a cross-section of town residents, to include ball fields, trails, playgrounds, and racquet sport courts, as funding becomes available. The area is managed by the Nottingham Parks and Recreation Department. The Nottingham Conservation Commission Trails Committee assists with trail planning and maintenance.

Conservation: The Little River, a tributary to the Wild and Scenic Lamprey River, is a state-designated river under the NH Rivers Management and Protection act. The NH Wildlife Action Plan classifies much of the grassland area of the Marston Farm as Highest Ranked Wildlife Habitat in NH, with the riverside habitat and adjacent wetlands as Highest Ranked in the Region.

Trails: The easy Little River and Overlook trails wind through 0.6 miles of the property's woodland habitats and along the edge of the fields near the parking area. The Overlook Trail ascends a sandy knoll with a view of the river at its western point. The trails are available year-round for low-impact educational and recreational activities such as walking, snowshoeing, and cross-country skiing. Motorized vehicles are not permitted. Please leash your dog, bag and carry out waste and trash. The banks down to the river on the west and east sides of the property are steep. Please view these areas from the trail for your safety and to avoid causing erosion into this sensitive habitat. Part of the trail is along an old access road to an off-property sand pit. Please respect the No Trespassing signs where the road leaves the property in the southeast corner.

Directions:

The entrance to Marston Farm is on the south side of Mill Pond Road, opposite the intersection with Case Road, approximately 0.5 miles east of Smoke Street and 0.8 miles west of NH Rt 125. A gravel parking lot is available a short distance south of the entrance and is plowed during the winter.



William E. Kennard Forest

History and Use:

In November 2012, the Nottingham Conservation Commission (NCC) received approval to purchase this beautiful 34-acre wooded parcel at a greatly reduced price from Ronald W. Kennard. It was Mr. Kennard's wish that the land be conserved because it had been in his family since 1823. The Town formally acquired the property in April 2013, and the easement was completed in October 2018, permanently protecting the forest by restricting its use for open space purposes only, including natural resource protection, wildlife habitat conservation, forestry, and non-motorized recreation. Kennard Forest is available year-round for low-impact educational and recreational activities such as walking, snowshoeing, hunting, and cross-country skiing.

Directions:

The entrance to Kennard Forest is on the south side of Kennard Road, approximately 2.3 miles east of Freeman Hall Road and 0.8 miles west of Smoke Street. The eastern end of Kennard Road is mostly unpaved, but the entrance to Kennard Forest is located at the east end of a small section of paved road. Look on the south side of the road for a tree with small Conservation Commission and Bear-Paw Regional Greenways medallions. Park on the roadside.

Trails:

The primary trails are sited along old woods roads. From the trailhead on Kennard Road, the main trail extends southward, passing by a stream and climbing upward past a rocky hillside and through mixed forest types. At a stone wall near the mid-point of the property, the trail forks, with the left fork continuing more steeply for 800' to the south boundary wall near the top of the hill. After 500', the right fork takes a sharp turn to the right and passes onto adjacent property. Look for flagging near the turn and follow the new connecting trail that rejoins the main trail near the south boundary, where a short spur trail leads east to a small cellar hole. Although both forks continue beyond the property boundaries, permission has not been granted to access the abutters' land, so please remain on the Kennard property. A trail through the east side of the property is being planned.

Pawtuckaway State Park 9&10

Hiking Information

Welcome to Pawtuckaway State Park. The park's 5,500 acres offer a variety of landscapes, with something to do and see for everyone. There are many opportunities for hiking, with trails leading to many special points of interest, including a mountaintop fire tower, an extensive marsh, and an unusual boulder field.

Hikers walking the 2.4 miles to the 908' summit of South Mountain will be rewarded with a spectacular panoramic view from the fire tower. Mountain Trail begins at the sign on the left just past Mountain Pond.

A walk on the Fundy Trail, bordering Burnham's Marsh can be very enjoyable, especially in the early morning or evening when the beavers, deer, and great blue herons are most apt to be active. Fundy Trail begins across the road from the entrance to the group picnic and camping areas.

The Boulder Field is a geologically unique area where many large boulders, called glacial erratics, were deposited when glacial ice melted near the end of the Ice Age. They are so large that rock climbers practice different climbing techniques on them.

For Your Safety

To hike safely, you should have good hiking shoes or boots, a waterproof jacket or windbreaker. Warmer gear is needed during fall, winter and spring. Be sure to carry drinking water, a first aid kit, and a flashlight in your pack, as well as an emergency supply of foods such as cheese, chocolate, raisins, or other high-energy snacks.

If You Become Lost, S.T.O.P.

Stop, Think, Observe and Plan. Decide on a plan and stick to it. If the last known location of the trail is within a reasonable distance, try and backtrack to it. If you can't find the trail, do not panic, stay put and seek cover from adverse weather. If notified, rescuers will begin a search of the areas near your original planned route. Listen for whistles and respond to them or other signals. It is important to leave your plans with a responsible person. Adults hiking with children should not let them stray ahead or lag behind.

If You Have an Accident and Need Help

Ask a fellow hiker to relay information to the park staff, or call the park at (603) 895-3031 or 911.

Pawtuckaway is a Carry-in, Carry-out Park

There are no trash cans on the mountains or the park grounds. All your trash must be carried out and taken with you. Orange peels, apples cores, and other materials considered "biodegradable" should not be left in the park. Animals don't eat them, and in the process of rotting, they smell and attract insects.

Trail Use Reminders:

- Respect the rights of owners of private roads and property adjacent to the park and access trails.
- Pets are not permitted in the park from Memorial Day weekend to Columbus Day weekend.
- It is unlawful to cut any standing trees or their limbs, shrubs, or any other vegetation in the park.
- Do not litter. Carry out what you carry in.
- Camping in the park is allowed only in the campground during the camping season.

The parking lot at the park headquarters is kept open year round.

Park trails are maintained with the help of volunteers, including the New Hampshire chapter of the Appalachian Mountain Club, Southern New Hampshire Snow Slickers and Southern New Hampshire Mountain Bike Association. For more information about volunteering at Pawtuckaway, please contact the park manager.

Pawtuckaway State Park
128 Mountain Road
Nottingham, NH 03290
nhstateparks.org



PAWTUCKAWAY STATE PARK TRAILS MAP

LEGEND

Town Line

Road

Trails

Woods Road

Wellands

Park Boundary

Gate

SYMBOL LEGEND

Canoeing / kayaking

Wildlife watching

Fishing

Toll booth

Boat launch

Parking

Camp store

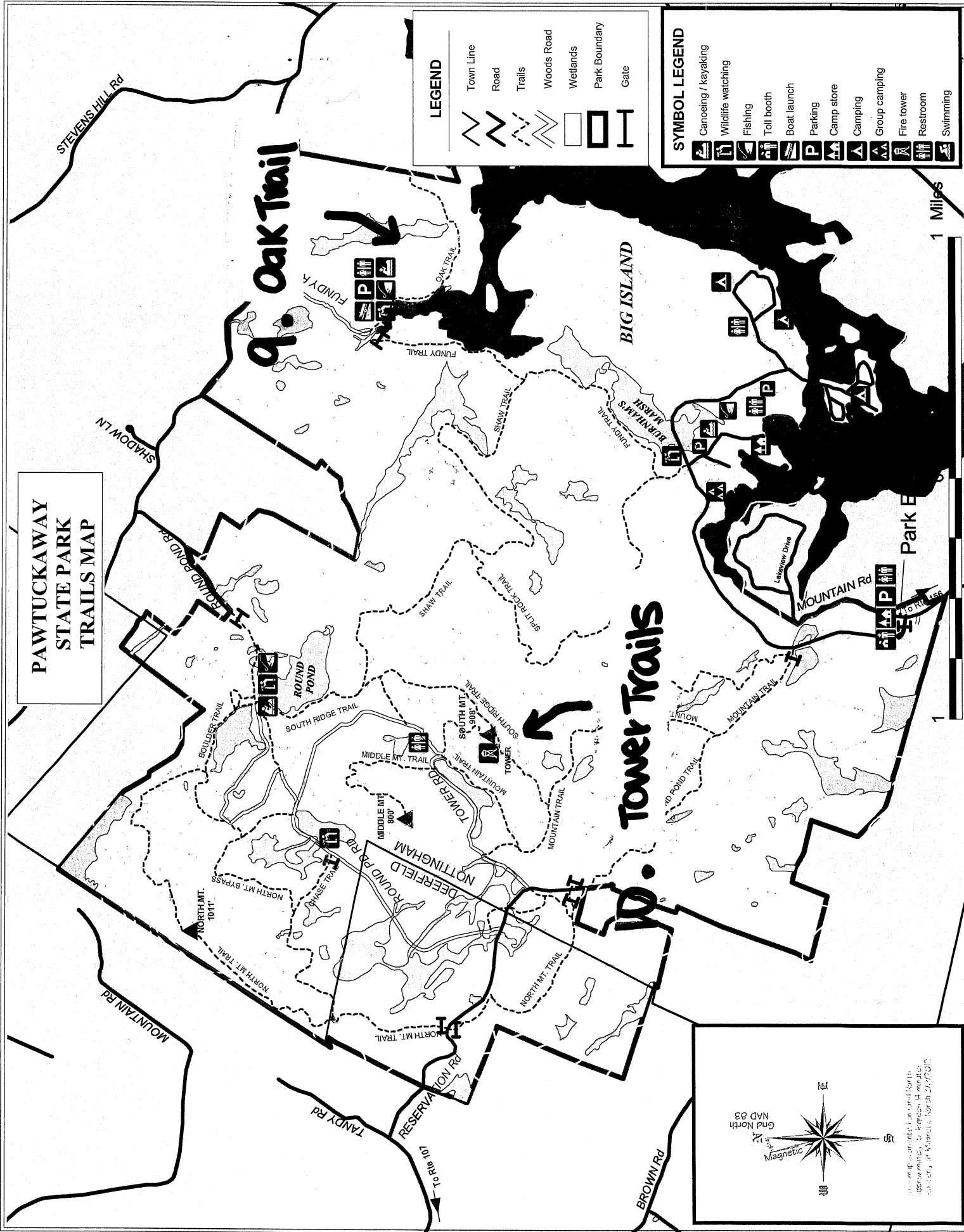
Camping

Group camping

Fire tower

Restroom

Swimming



Grid North
 Magnetic
 The magnetic declination for North
 approximately 10 degrees 14 minutes
 January 1st 2010

1 Miles

1